

# SpiritAdverntures

byElena



## Ski Travesia

## ANTARTIDA





Do you want to have a unique  
experience?  
Fusion of SkiTouring, Adventure,  
Nature

Our trips and itineraries are customized for those with an adventure-driven spirit; providing our clients with a unique opportunity to trek, ski and snowboard several of the White Continent's untamed peaks. Journey deep into the rugged landscape of one of earth's last frontiers while enjoying the convenience, safety and luxury of the Ocean Albatros expedition ship. Sail past Cape Horn, across the Drake Passage and along the Antarctic Peninsula and join an exclusive group of intrepid travelers inspired by the legacy of Antarctic discovery.

Experience true modern exploration as you travel to a land covered by glaciers, never conquered by man. Travel through alleys of icebergs and study the blue mystery of such





extraordinary formations of nature. Explore harbors and bays while surrounded by clouds of seabirds and become enveloped in the raw magnificence. Witness the profound beauty and isolation of a land covered by ice. Listen to glaciers calve and observe with wonder minke whales, black-browed albatross, snow petrels, penguins and seals.





# ANTARCTIC

## ITINERARY

DAY 1 – Arrive in Ushuaia, Argentina. Orientation with ski or trekking guide at glacier. Welcome Dinner. Overnight in Ushuaia.

DAY 2 – Board the Ocean Albatros and set sail down the Beagle Channel.

DAY 3 – Cross the Drake Passage. Sperm, fin, and humpback whales, along with skies of seabirds will accompany our journey.

DAY 4 – Continue crossing the Drake Passage.

DAY 5 – Ski and trekking objectives at Charlotte Bay and Bluff Island. Zodiac cruises, penguin rookeries, hiking.

DAY 6 – Ski and trekking objectives at Nansen and Enterprise Islands. Visit gentoo and adelia penguin habitat.

DAY 7 – Ski and trekking objectives at Wenke Island, Damoy Point and sail the Lemaire Channel. Visit penguin rookery at Georges Point.

DAY 8 – Ski and trekking objectives in Ronge Island and Cuverville. Zodiac excursions. Visit penguin rookery and Almirante Brown Station.

DAY 9 – Brabant Island and Chiguano Bay ski descents. Visit the Ukrainian Vernadsky scientific station. Killer whale and leopard seal sightings.



DAY 10 – New ski descents and nature cruises of Livingston Island and Half Moon Bay; begin journey north in the evening.

DAY 11 – Sail Drake Passage; pass the dramatic cliffs of Cape Horn.

DAY 12 – Continue sailing Drake Passage.

DAY 13 – Disembark the Ocean Albatros in Ushuaia, Argentina.





\*Flexibility is necessary for all Antarctic travel. This program is subject to change throughout the journey depending on ice, weather, and local conditions.

## WHAT IS INCLUDED

### Antarctica What's Included

#### What's Included?

- 1-night pre-expedition shared hotel accommodation in Ushuaia, Argentina. This room includes a continental breakfast.
- Group dinner in Ushuaia.
- Group transfers from the hotel to the ship on embarkation and from the ship to the airport on disembarkation and all miscellaneous service taxes and port charges.
- Breakfast, lunch and dinner on board the Ocean Albatros.
- Shore landings and Zodiac excursions as permitted by weather and local conditions.
- Presentations by our Expedition Team and guest speakers.
- Photographic journal chronicling the voyage.
- Comprehensive pre-departure information package
- Use of a pair of rubber expedition boots on loan for shore landings. These will be returned at the end of the voyage.

#### What's Not Included?

- Airfares to or from your home city, whether on scheduled or charter flights.
- Passport and visa expenses. Tourist entry fees may apply depending on your nationality.
- Any government arrival and departure airport taxes.
- Ski or trekking equipment.
- Any meals ashore with the exception of breakfast at the host hotel and the Welcome dinner on the evening prior to departure.
- Baggage, cancellation and travel insurance (emergency medical and evacuation insurance is mandatory).



- Excess baggage charges.
- Laundry, bar, beverage and other personal charges onboard the ship or at the hotel.
- Telecommunications charges or the customary gratuity at the end of the voyage for stewards, guides, and other service personnel.
- Tips for guides and hospitality staff.





2-DAY

USHUAIA SKI TOUR

Antarctic Prep Clinic

Overview: Our 2-Day Ushuaia Ski Tour — Antarctic Prep Clinic is the perfect opportunity to make the most of your Antarctic adventure by brushing up on skiing, backcountry basics and glacier travel in Ushuaia before you head out. Led by experienced Ice Axe Expedition on the Martial Glacier in Ushuaia which features conditions very similar to what we might find in Antarctica. For those that would like some guidance on gear and skiing glaciated terrain you'll have some workshop time with your guide — for those a bit more experienced you'll focus purely on skiing! The class size is limited to four skiers/riders per guide and takes place on the Martial Glacier, which is a short ten minute taxi ride outside of downtown Ushuaia.

Day One: After meeting at the Hotel Albatros in the center of town, we will review gear and answer any questions before heading up to the glacier. From here, we'll attach skis onto packs and walk a short distance up to the snowline before transitioning into ski mode where we will cover beacons, avalanche awareness, efficient skinning, kick turns, heel lifters, ski crampons, transitions, gear organizing and glacier skiing strategies.

Day Two: A similar format to day one, but with more technical information. Topics include roping up for glacier travel, using boot crampons and an ice axe, climbing steeper terrain on foot, short roping, lowering and rappelling and self-arrest. As time allows, we will also cover building anchors for crevasse rescue, how to set up a C drop loop, and how to rig a 3:1 pulley system for crevasse extraction.

Participants should bring all of the equipment on the Ice Axe Expeditions gear list to each day of the clinic and be prepared for 5-7 hours of skiing. Unless participants arrive with a preformed group of four or more, they will be broken into groups depending on experience. No prior backcountry skiing experience is required for these clinics. The clinics will go until approximately 4:00pm and people can expect to be back in Ushuaia by 5:00pm.



# GEAR

## LIST

- Skis/splitboard
  - Boots
  - Skins
  - Poles
  - Beacon
  - Shovel
  - Probe
  - 35 +/- liter backpack
  - Ski straps
  - Ski crampons
  - Boot crampons
  - Piolet/Ice Axe (50 +/- centimeters)
  - Puffy/insulated jacket
  - Glacier harness
  - Locking carabiners 2x
  - Sunscreen
  - Sunglass and/or goggles
  - Water & food
- MORE INFORMATION